

Open Programmes: Scheduled programmes for participants nominated by different organisations.

Corporate Programmes: Customised training for a specific organization (See page 4).

DATE / DURATION	PROGRAMME & PARTICIPANTS	LEARNING OUTCOMES	Fee (UGX)
2 Oct 2026 1 day	Leadership and People Management Managers, supervisors and emerging leaders	• Delegate with clear accountability. • Give constructive performance feedback. • Motivate teams and manage conflict.	450,000
6 Nov 2026 1 day	Goal Setting and Effective Performance Management Line managers, HR and department heads	• Align employee goals with business priorities. • Choose meaningful performance indicators. • Lead effective progress reviews.	500,000
19 Feb 2027 1 day	Sales and Business Development Masterclass Sales, business development and account teams	• Qualify opportunities and prioritise accounts. • Build a focused sales pipeline. • Negotiate, handle objections and follow up.	500,000
26 Feb 2027 1 day	Practical AI Skills for the Modern Workplace Managers, HR and business professionals	• Identify practical workplace AI uses. • Write prompts and verify outputs. • Protect confidentiality and apply human review.	500,000
19 Mar 2027 1 day	Management and Supervisory Skills Development Line managers, supervisors and team leaders	• Plan workloads and allocate tasks. • Monitor delivery and solve problems. • Coach employees with clear feedback.	500,000
26 Mar 2027 1 day	Effective Workplace Communication Managers, administrators, HR and employees	• Communicate expectations clearly. • Listen actively and prevent misunderstandings. • Handle difficult conversations respectfully.	450,000
23 Apr 2027 1 day	Professional Report Writing and Executive Presentation Managers, project officers and reporting professionals	• Structure evidence-based reports. • Present data and findings clearly. • Deliver concise executive presentations.	500,000

REGISTER FOR AN OPEN PROGRAMME

Send the programme title, date, organisation name and participant numbers.

info@futureoptions.org | +256 751 586 127 | +256 414 231 204 / 206

ENQUIRE



DATE / DURATION	PROGRAMME & PARTICIPANTS	LEARNING OUTCOMES	Fee (UGX)
21 May 2027 1 day	Winning and Keeping Customers Business owners, sales and customer teams	- Understand customer needs and value. - Improve service and complaint handling. - Retain and grow customer accounts.	600,000
28 May 2027 1 day	Rebuilding Team Motivation and Performance Managers, HR and project leaders	- Identify causes of disengagement. - Rebuild trust and clarify expectations. - Create a team improvement plan.	500,000
18 June 2027 1 day	Change Management and Leading Teams Through Change Managers, HR and change leaders	- Assess how change affects people. - Communicate change and address concerns. - Engage stakeholders and track adoption.	600,000
25 June 2027 1 day	Strategic Planning and Management Senior managers, strategy and finance teams	- Define strategic priorities and objectives. - Translate strategy into accountable actions. - Track results and adjust implementation.	700,000
23 July 2027 1 day	Goal Setting and Performance Management Line managers, HR and supervisors	- Set measurable goals and deadlines. - Review progress and close delivery gaps. - Follow through on corrective actions.	500,000
30 July 2027 1 day	Sales and Business Development Masterclass Sales, business development and account teams	- Qualify opportunities and prioritise accounts. - Build a focused sales pipeline. - Negotiate, handle objections and follow up.	500,000
20 Aug 2027 1 day	Personal Effectiveness Time Priorities and Stress Managers, professionals and administrators	- Prioritise tasks and workloads. - Manage interruptions and schedules. - Handle pressure and sustain focus.	450,000

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DATE / DURATION	PROGRAMME & PARTICIPANTS	LEARNING OUTCOMES	Fee (UGX)
27 Aug 2027 1 day	Stress Management and Mental Health Awareness All employees	- Recognise workplace stress signals. - Identify coping strategies and support. - Support colleagues and seek help appropriately.	500,000
17 Sep 2027 1 day	HR for Non HR Managers Line managers, supervisors and department heads	- Apply HR procedures consistently. - Document attendance and performance concerns. - Recognise when to involve HR.	600,000
24 Sep 2027 1 day	Occupational Health, Safety and Labour Laws HR, HSE, management and administration teams	- Identify hazards and preventive controls. - Understand employer and employee responsibilities. - Strengthen incident reporting and follow-up.	500,000
21-22 Oct 2027 2 days	Advanced Leadership and People Management Managers, supervisors and emerging leaders	- Evaluate complex people decisions. - Influence stakeholders through uncertainty. - Coach leaders and strengthen accountability.	1,000,000
29 Oct 2027 1 day	Sales and Business Development Masterclass Sales, business development and account teams	- Identify stalled sales opportunities. - Reach decision-makers and progress complex sales. - Build a measurable sales improvement plan.	500,000
19 Nov 2027 1 day	Winning and Keeping Customers Business owners, sales and customer teams	- Use feedback to identify retention gaps. - Recover service and re-engage customers. - Plan measurable loyalty and account growth.	600,000
26 Nov 2027 1 day	Recharge and Reset: Building Resilience and Preventing Burnout Employees, managers, healthcare and NGO teams	- Identify overload and burnout risks. - Establish boundaries and recovery routines. - Build a practical resilience plan.	550,000

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ENQUIRE





Awareness



Desire



Knowledge



Ability



Reinforcement

Customised content • Kampala, other locations or online • Fees based on programme scope

01 Customer Service and Customer Care Excellence

02 Workplace Compliance and HR Policy Refresher

03 Occupational Health, Safety and Labour Laws

04 Effective Communication and Conflict Resolution

05 Data Analytics for HR and Business Managers

06 Career Planning and Personal Development

07 Succession Planning and Talent Management

08 Stress Management and Employee Wellbeing

09 Change Management

10 HR for Non HR Managers

11 Workplace Culture Transformation and Employee Engagement

12 Team Building and Soft Skills

13 Sales and Business Development

14 Management and Supervisory Skills Development

15 AI Skills for the Modern Workplace

16 Performance Management and Goal Setting

17 Leadership and People Management Essentials

18 Managing Redundancy and Organisational Restructuring

19 Pre-Retirement Planning and Life After Employment

20 Professional Report Writing

21 Employment Readiness

Other training needs? Contact us to discuss a suitable programme.

URL: futureoptions.org/training-development/

13th Floor, DTB Centre, Kampala Road, Kampala, Uganda

REQUEST CORPORATE TRAINING

Share your training priorities, participants, preferred location or format, and timing.

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ENQUIRE

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